



ON-SHIFT Rest Facilities

The on-shift rest facilities available are:

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Location, keys, details of access codes:

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Upkeep of the facilities is the responsibility of:

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POST-SHIFT Rest Facilities

The post-shift rest facilities available are:

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Instructions for access, time limits for use:

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Upkeep of the facilities is the responsibility of:

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Please appraise both your own fatigue levels and those of your colleagues on a regular basis.

If you are in any doubt about your ability to drive home, please do **NOT** risk your life and that of others. Remember that driving when fatigued has similar physiological and legal consequences to driving when drunk.

The Trust's recommended taxi number is: